



Paradise Spa Bidet



# POOP MASTER





## WHO IS THE "POOP MASTER"?

Poop Master refers to someone that not only deals with post-defecation cleanup but also provides methods to help with bowel movements, starting from before the poop comes out. It offers ways to facilitate the relaxation of the anal sphincter by using warm water at an appropriate temperature and pressure. Additionally, it helps alleviarious discomforts related to defecation by using **"Paradise Spa Bidet & Foot Bath."** It is a helpful master in matters related to bowel movements.

## WHAT IS "PARADISE SPA BIDET & FOOT BATH"?

**"Paradise Spa Bidet & Foot Bath"** is a product that operates solely on water pressure without using electricity. It includes a bidet for washing in a seated position and a spray bidet, both connected to a hot water tank. This allows the user to freely use warm water for cleansing before or after bowel movements in various directions: from bottom to top, top to bottom, left to right, and front to back.

Additionally, the foot bath feature is designed to enable users to soak their feet in warm water from the hot water tank while attending to their personal hygiene needs. This design aims to provide a comprehensive solution for cleaning and refreshing hard-to-reach areas of our bodies in one go. 1 Designed to be used by anyone, regardless of the size or shape of the toilet bowl, this groundbreaking combination bidet product, currently undergoing the process of obtaining the world's first U.S. Patent Office(USPTO) by Poop Master, is a necessity for everyone.

Of course, I'd be happy to help you clarify and organize related terms. Please provide the terms you'd like to clarify or organize, and I'll assist you with their explanations or categorization.

## WHAT IS POOP?

Poop, also known as feces or stool, is the solid waste that the body eliminates after the digestion of food and absorption of nutrients.

It consists of undigested food particles, water, bacteria, and waste products generated from various metabolic processes within the body.



The color, texture, and odor of poop can vary depending on an individual's dietary habits, hydration intake, and overall health. Its primary function is to remove waste and toxins from the body, and it is expelled from the body through the rectum and anus during the process of defecation. Proper defecation of poop is important for maintaining health and preventing the accumulation of harmful substances within the body.

## WHAT IS CONSTIPATION?

Constipation refers to a condition where bowel movements become infrequent and are associated with mild to moderate difficulty in passing stool. It signifies a slowing down of stool movement and the inability to properly expel feces over a period of time.

Common symptoms of constipation include hard and dry stool, difficulty in passing stool, abdominal discomfort, and gas formation. The causes of constipation can vary and may include dietary habits, inadequate fluid intake, lack of exercise, medication side effects, dosing issues in patients with rheumatic diseases, nerve damage, and more. Constipation is typically managed through lifestyle adjustments, such as dietary and exercise improvements, increased fluid intake, and, in some cases, the use of laxatives. <sup>3</sup> If constipation persists or is accompanied by severe symptoms or suspected underlying health issues, it's important to consult with a healthcare professional.



## HOW MANY PEOPLE HAVE IRRITABLE BOWEL SYNDROME (IBS)?

As of September 2023, the prevalence of Irritable Bowel Syndrome (IBS) can vary over time and may differ among various studies. In the United States, IBS is estimated to affect approximately 10-15% of the population.

However, the exact percentage may change over time, and for the most up-to-date information on the prevalence of IBS, it is advisable to refer to reliable sources such as the Centers for Disease Control and Prevention (CDC) or reputable medical research institutions. The latest statistical data can be found where such information is regularly updated.

## HOW MANY PEOPLE EXPERIENCE PROBLEMS OR DIFFICULTIES RELATED TO BOWEL MOVEMENTS?

It's important to remember that various gastrointestinal and digestive issues can affect individuals differently based on factors such as age, dietary habits, lifestyle, and overall health. Common problems related to bowel movements include constipation, diarrhea, and Irritable Bowel Syndrome (IBS). The prevalence of these issues can significantly vary, and some people may experience occasional problems, while others may have chronic issues. Specific statistics and detailed information regarding the prevalence of these conditions can be obtained by referring to medical research and survey data conducted by health organizations. These figures can change over time and may be influenced by factors such as regional and demographic variations.

If you or someone you know is experiencing persistent issues with bowel movements, it's recommended to seek a medical evaluation and advice. Healthcare professionals suggest that individuals with ongoing bowel problems should undergo a medical assessment and receive guidance. Bowel problems can be caused by a variety of factors, including dietary habits, medical conditions, medications, and lifestyle choices.

Ignoring persistent bowel problems can lead to complications or the progression of underlying conditions, so seeking specialized medical guidance<sup>5</sup> when needed is important. Doctors recommend that individuals experiencing persistent issues or difficulties related to bowel movements should seek medical evaluation and advice.





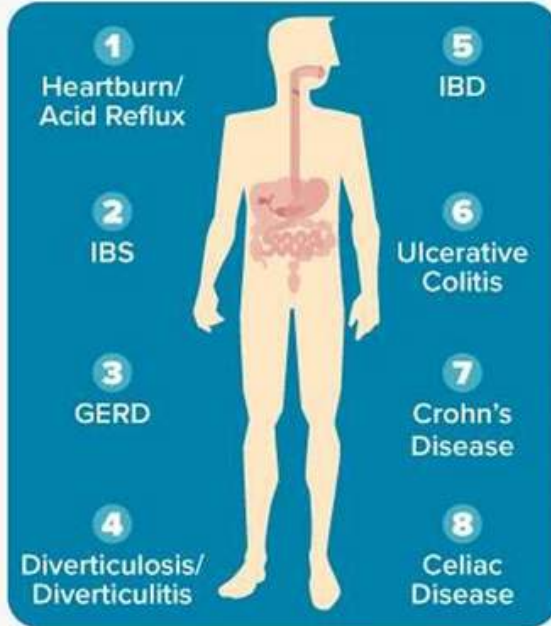
# DIFFICULT TO DIGEST: INTOLERANCES & DIAGNOSES

## Most Common Food Intolerances:



(23% of those surveyed had a food intolerance)

## Most Common Diagnoses:



(21% of those surveyed had a diagnosis)



**14%** have had a colonoscopy



**16%** have visited a gastroenterologist



Source: Survey of over 2,000 people



# WHAT DOES HEALTHY POOP LOOK LIKE?

Healthy poop is typically described as having a specific shape and consistency, resembling a well-formed log or sausage. It is generally smooth and passes without strain. Here are some characteristics of healthy poop:

## Shape:

It should be well-formed and typically cylindrical in shape.

## Color:

Healthy poop is usually brown, owing to the presence of bile. However, the color may vary depending on diet and other factors. In some cases, green or yellowish poop can also be normal.

## Texture:

It should be soft but not excessively liquid or hard. It should pass without undue effort.

## Size:

The size of healthy poop can vary from person to person, but it is generally around 1 to 2 inches in diameter.

## Smell:

Feces naturally have an odor, but it shouldn't be excessively foul or unpleasant. An overly strong or foul odor may indicate digestive issues or diet-related factors.

## Frequency:

Healthy bowel habits can vary from person to person, but typically, having a bowel movement once a day to up to three times a week is considered within the normal range.

It's important to note that the appearance of stool can vary based on diet, fluid intake, medications, and individual differences. If you notice persistent changes in your bowel habits, such as significant alterations in stool frequency, the presence of blood in your stool, severe diarrhea or constipation, or other concerning symptoms, it's advisable to consult with a healthcare professional.

	Type 1	Separate hard lumps	SEVERE CONSTIPATION
	Type 2	Lumpy and sausage like	MILD CONSTIPATION
	Type 3	A sausage shape with cracks in the surface	NORMAL
	Type 4	Like a smooth, soft sausage or snake	NORMAL
	Type 5	Soft blobs with clear-cut edges	LACKING FIBRE
	Type 6	Mushy consistency with ragged edges	MILD DIARRHEA
	Type 7	Liquid consistency with no solid pieces	SEVERE DIARRHEA

These changes may indicate underlying health issues, and seeking medical advice is important.

# THE CORRECT WAY FOR ANAL HYGIENE IS AS FOLLOWS:

## TOILET PAPER USE:

It's important to note that the appearance of stool can vary based on diet, fluid intake, medications, and individual differences. If you notice persistent changes in your bowel habits, such as significant alterations in stool frequency, the presence of blood in your stool, severe diarrhea or constipation, or other concerning symptoms, it's advisable to consult with a healthcare professional.

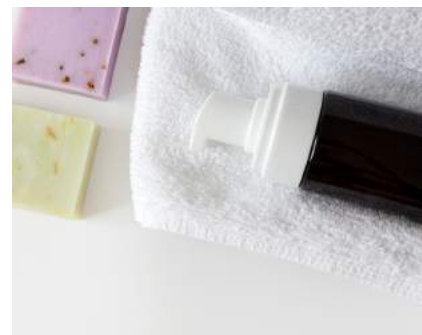


## WET WIPES OR BIDET:

Some people believe that using moist wipes or a bidet can provide a more thorough cleaning and reduce irritation. If using wet wipes, make sure they are designed for personal hygiene and are flushable.

## USE GENTLE CLEANSERS:

Avoid using strong or scented soaps that can irritate the sensitive skin in the anal area. Instead, use mild, fragrance-free soap or plain water.



## MOISTURE REMOVAL:

After cleaning, pat the anal area gently with a clean and soft towel. Avoid excessive friction to prevent skin irritation.

## PROPER HANDWASHING:

After cleaning the anal area, always thoroughly wash your hands with soap and water to prevent the spread of germs.

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## UNDERWEAR AND CLOTHING:

To maintain proper hygiene, wear clean underwear daily and change it regularly.

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## CONSIDER INDIVIDUAL FACTORS:

If you have specific medical conditions such as hemorrhoids, anal fissures, or have recently undergone anal-related surgery, follow the recommendations of your healthcare provider for cleaning and care.

Personal hygiene practices can vary from culture to culture and from person to person. The most important thing is to handle the sensitive skin around the anus gently while maintaining cleanliness and comfort. If you have specific concerns or questions about hygiene in this area, consider consulting with **a healthcare provider or specialist** for individual guidance.





**The ideal position for having a bowel movement can vary** from person to person and is primarily based on comfort and personal preference. However, many people find that the squatting position is beneficial for easier and more efficient bowel movements. Here's why:

## SQUATTING:

In the squatting position, the knees are brought closer to the chest, and the body is aligned in a way that is more natural for the elimination process. This position straightens the rectum and aligns it more directly with the anal canal, making it easier to pass stool without straining.

To adopt the squatting position for bowel movements, you can use a "squatting chair" or a "toilet squatting platform" where you lift your feet and squat down as if you were sitting on the toilet. These devices are designed to mimic the squatting position and may be helpful for some people. However, it's essential to choose a position that feels comfortable and natural for you.

Not everyone may find squatting comfortable or practical, and sitting on a regular toilet is still effective for most people. The key is to listen to your body's signals, maintain the correct posture, and avoid straining during bowel movements.



## BEST POOP POSTURE

squatting vs sitting



The modern lifestyle can lead to difficulties with bowel movements for some people. Several reasons why modern individuals may experience difficulty with their bowel movements include:

### **Diet:**

Many aspects of modern diets lack sufficient fiber, which can lead to constipation. Processed foods and fast food often have high fat content and low fiber content, both of which can contribute to constipation. Fiber helps increase the bulk of stools and promotes regular bowel movements.

### **Irregular Lifestyle:**

Modern work environments and leisure activities often involve prolonged sitting, which can decrease bowel movements and lead to constipation. Regular physical activity can help promote healthy bowel movements.

### **Stress:**

The fast pace of modern life and frequent stress can affect the digestive system. Stress can alter bowel habits and lead to symptoms like diarrhea or constipation.

### **Inadequate Hydration:**

Not drinking enough water can make stools harder and more difficult to pass. Adequate hydration is essential for maintaining healthy bowel function.

### **Prolonged Computer Use:**

Spending excessive time on digital devices can lead to prolonged sitting and reduced physical activity, which can affect bowel function.

### **Ignoring the Urge to Have a Bowel Movement:**

Busy schedules and limited access to restroom facilities can lead individuals to ignore the urge to have a bowel movement, which can make constipation or difficult bowel movements worse.

### **Medication Use:**

Some medications, especially pain relievers, antacids, and anti-seizure medications, can affect bowel function and lead to constipation or diarrhea.

### **Improper Toilet Posture:**

Using a regular toilet without proper foot support (such as squatting posture) can make it difficult for some people to have bowel movements.

It's important to note that not everyone will experience difficulty with their bowel movements due to these factors, and individual experiences can vary widely. If you are experiencing persistent difficulties with bowel movements, it's advisable to consult with a healthcare professional who can help identify underlying causes and provide guidance on dietary, lifestyle, and therapeutic interventions to promote healthy bowel habits.

**"Stating that vegetarians have fewer bowel problems compared to those who consume a regular diet"** is not entirely accurate. Bowel habits and easy bowel movements depend on various factors, including an individual's overall dietary habits, fluid intake, fiber consumption, physical activity, and genetics.

However, vegetarian diets do have certain aspects that can promote regular and healthy bowel movements for some individuals:

#### **High Fiber Intake:**

Many vegetarian diets are rich in fiber through the consumption of fruits, vegetables, beans, and whole grains. Sufficient fiber intake can prevent constipation and promote regular bowel movements. Lower Saturated.

#### **Fat:**

Vegetarian diets tend to have lower saturated fat intake compared to diets with a high consumption of animal products. Lower saturated fat intake can have a positive impact on overall digestive function.

#### **More Plant-Based Foods:**

Plant-based diets can provide a variety of nutrients and beneficial compounds that support digestive function.

However, it's important to note that not all vegetarian diets automatically ensure high fiber intake or healthy bowel habits. Individuals following vegetarian diets can also make choices that are low in fiber and nutritionally imbalanced.

Ultimately, the key to having a healthy and regular bowel movement lies in a balanced diet that includes a variety of foods, adequate fluid intake, and physical activity as part of one's lifestyle. Whether you are a vegetarian or not, if you experience difficulties with bowel movements, it is important to evaluate your overall dietary and lifestyle habits and seek guidance from healthcare professionals for personalized recommendations.

There are no specific medical devices dedicated to assisting healthy individuals with their bowel movements. However, there are some assistive devices and equipment available for individuals with specific medical conditions or mobility issues to aid in using the toilet or maintaining proper hygiene. These devices are typically prescribed or recommended by healthcare professionals based on individual needs.

Some examples include:

**Toilet Safety Frame:**

This frame is placed around the toilet to provide stability and support when sitting down or getting up. It is often used by individuals with balance or mobility difficulties.

**Toilet Seat Riser:**

A toilet seat riser is a portable device that fits over the existing toilet seat, providing a raised seating position. It can be helpful for individuals who find it challenging to walk to the toilet.

**Bidet Attachments:**

Bidet attachments can be added to existing toilets to provide a gentle water cleanse and can be beneficial for individuals with specific medical conditions or for maintaining hygiene.

**Stool Softeners and Laxatives:**

While not traditional medical devices, stool softeners and laxatives are medications that healthcare professionals may prescribe or recommend to address specific bowel issues and promote regular bowel movements.

These devices and medications should be used under the guidance of a healthcare professional to address individual needs and conditions. If you require assistance with using the toilet or maintaining proper hygiene due to a medical condition or mobility issue, it is advisable to assess your situation and consult with a health care provider or occupational therapist to determine the most suitable solutions.



Many people may experience difficulty with bowel movements at various points in their lives. Whether it's constipation, diarrhea, or other bowel-related issues, these are common problems. Some common reasons why people may experience difficulty with bowel movements include:

**Dietary Choices:**

A diet lacking in fiber, fruits, and vegetables and high in processed foods or fast food can contribute to constipation or irregular bowel movements.

**Dehydration:**

Not drinking enough water can lead to hardened stools and difficulty passing them.

**Stress and Anxiety:**

Emotional stress and anxiety can affect the autonomic nervous system and impact bowel habits.

**Lack of Physical Activity:**

A sedentary lifestyle can slow down bowel movements and lead to constipation.

**Medical Conditions:**

Specific medical conditions such as Irritable Bowel Syndrome (IBS), Inflammatory Bowel Disease (IBD), or chronic constipation can lead to difficulties with bowel movements.

**Medications:**

Some medications may affect bowel function and can have side effects like constipation or diarrhea.

**Age:**

Bowel habits can change with age, and older individuals may be more prone to constipation.

**Pregnancy:**

Hormonal changes during pregnancy can affect bowel function and lead to constipation in some women.

**Changes in Routine:**

Travel, disruptions in daily routines, and lifestyle changes can sometimes cause temporary difficulties with bowel movements.

It is important to address ongoing or severe bowel issues as chronic problems can have a negative impact on overall health and quality of life. If you are experiencing difficulty with bowel movements or have recurring issues, it is advisable to consult with a healthcare professional. They can assess your specific situation, identify underlying causes, and recommend appropriate treatments or lifestyle changes.

#### **Portable Shower Head:**

Some people use a portable shower head or portable bidet device to rinse the anal area with water. This method can provide thorough cleaning.

#### **Wiping with Water-Moistened Toilet Paper:**

If you prefer to use toilet paper, you can improve cleanliness by mixing it with water. Be cautious with scented or textured types of toilet paper as they may irritate the skin.

#### **Personal Hygiene Products:**

Some personal hygiene products, specially manufactured for anal and surrounding cleanliness, include cleansers or foam cleansers. These products are generally designed to maintain pH balance and avoid irritation to sensitive skin.

When choosing products for anal hygiene, it's important to select gentle products without fragrances or irritants since the skin in the anal area can be sensitive. Additionally, consider personal preferences and needs while selecting products, keeping in mind cleanliness, skin sensitivity, and hygiene standards. If you have specific concerns or skin sensitivities, it's advisable to consult a healthcare professional for personalized recommendations.

The term "combo bidet" typically refers to bidet toilet seats or bidet attachments that combine the functions of a regular toilet and a bidet. Our product is designed to provide personal hygiene and comfort during and after toilet use.

Here are some common features you can expect from our combo bidet:

#### **Water Spray:**

The combo bidet includes a water spray nozzle or jet that cleans the anal and genital areas with a gentle stream of water.

#### **Adjustable Water Pressure and Temperature:**

Our combo bidet allows users to customize water pressure and temperature to their comfort and for a thorough cleaning experience.

#### **Self-Cleaning Nozzle:**

To maintain hygiene, the nozzle is regularly self-cleaned and may have sanitization or cleaning functions.

Our combo bidet is designed to enhance personal hygiene and comfort in the bathroom. It provides a convenient and effective way to clean the anal and genital areas with water, offering a more thorough and gentle alternative to traditional toilet paper.

**" Paradise Spa Bidet & Foot Bath "** can provide an enhanced and more hygienic alternative to traditional toilet paper for personal hygiene. Bidet-related products like these are popular in various regions worldwide, and they are offered by different brands and models, each with unique features and price ranges. When choosing a combo bidet, consider your specific needs and preferences. Additionally, features such as warm water and a water massage function to help relax muscles can be important factors to consider.

**I would like to share my personal tips on "how to have a comfortable bowel movement without straining" and "how to achieve 100% post-bowel movement cleanliness." This is the real reason why I decided to write this book. It is not just a promotional effort for our product, Paradise Spa Bidet & Foot Bath. While we do intend to offer our product to those who may need it, our primary goal is for more people to discover it and enjoy a more hygienic and clean environment for easier bowel movements. We hope that this will contribute to a healthier and happier daily life for everyone.**

**It's fascinating how sometimes life takes unexpected turns, and we find ourselves writing our first book about something as personal as bowel movements! Haha I, too, initially created this product not for the purpose of selling it but for my personal convenience. However, ever since using this product, I have been consistently amazed and moved. It's not just about using a bidet in the bathroom; it's about experiencing a level of cleanliness, freshness, and comfort that I had never felt before in my entire life. It was such an incredible and refreshing sensation that it went beyond mere amazement – it felt like being reborn into a new world, to the extent that I wanted to scream in delight, even with a touch of exaggeration. That's the exact feeling I had. So, with the hope of introducing this product to as many people as possible and making it as affordable as can be, I decided to write this book. I discovered that this product can be of tremendous help to the countless individuals in this world who suffer from constipation, especially those who struggle with hardened stools or dryness, making it difficult for the first piece to come out, with the sphincter not relaxing.**

**For all those who endure such discomfort, I sincerely hope that this product can bring relief, and I wrote this book with the heartfelt wish that this product becomes known to the world as soon as possible, so that as many people as possible can be liberated from the pain and suffering associated with such conditions.**



First, in Korean, "**POPO**" means a kiss, and "**POOPOO**" means poop or stool. Doesn't "Popo and Poopoo" sound quite similar?

Furthermore, a well-known Korean proctologist mentioned that the structure and function of the rectum are exactly the same as our lips. It's as if lips also have fine wrinkles, and the shape is the same for everyone. The rectum is indeed an essential part of our bodies that we all have, but it often involves tasks that aren't readily acknowledged. While we take care of the parts of our bodies that are visible, we sometimes neglect those that aren't as visible. Is it possible that we don't pay as much attention to matters like going to the bathroom despite their importance in our busy lives?

First of all, the process typically requires a signal from the "guest," and the challenge is not knowing exactly when that signal will come.

Moreover, if we don't handle the situation appropriately when the guest decides to leave, it can lead to a visit to the mental hospital, a loss of one's identity, or even prison time in severe cases. This makes it a vital and crucial aspect of our lives that deserves attention and discussion. However, in reality, it's not easy to talk openly about such matters.

Ultimately, the importance of going to the bathroom regularly, just like eating well, can't be understated.

I once had an amusing surprise when I raised three dogs at home. These furry friends didn't require toilet paper after they were done. They simply finished their business with three neat piles. At that moment, I couldn't help but wonder if humans were worse at this than dogs. Humans often find themselves in a mess if they don't have toilet paper, but what about these dogs?





I had two moments in my life when I sincerely envied dogs. The **first time** was when I had just moved to a different city, obtained my real estate agent license, and heard about the best neighborhood in town. I was driving around the area, and at the end of a road, I saw a large two-story house in Cool Deck. What caught my attention even more was the huge backyard behind that house, higher and bigger than the house itself.

I was puzzled, wondering how such a yard could be at the back of the house. Then, to my surprise, that yard started moving slowly. As I looked closely, I saw a dog lying comfortably at the front of this moving yard, with its owner driving it like a car. In that moment, I thought, "I wish I could be that dog." It was one of those times when I envied dogs wholeheartedly.

The **second time** was when I saw a dog doing its business. I couldn't help but feel a scratch on human dignity as we bend down, even to the point of touching our behinds to clean up. It made me wonder, "Were we really inferior animals? Did we have to do this?" I genuinely envied dogs again at that moment. This was the second time.



Now, let's get into introducing our product.

### **Paradise Spa Bidet & Foot Bath**

The Motivation Behind Creating the Product: Initially, I purchased a basic freshwater bidet from Amazon for around \$30. It was a non-electric bidet that worked solely with water pressure and could be easily attached to a regular toilet without the need for electrical connections. I thought, given the low price, I could try it out and if it wore out over time, I could just replace it. After using it, I liked it so much that I ended up buying several more for my family, including my children.

And one day, I used this bidet, cleaned myself as usual, and put on my clothes. Strangely, I felt a lingering discomfort around my backside. I reached down to touch the area and realized that, despite using the bidet, there were still residual remnants that hadn't been properly cleaned, and it was emitting an odor.

I was quite taken aback. I thought, "What's going on? I've spent my money and cleaned diligently. Why is this happening?"

As I pondered this, I realized that when we clean ourselves after using the toilet, we're in a position where we can't see our anus. We crouch down and wipe, relying on our imagination to some extent.

This was the moment when I became acutely aware of the reality that to clean properly, we needed to reach various angles—up from below, down from above, as well as from front to back and side to side. So, I thought, "Ah, if this bidet could spray water not just from below to above, but also from above to below and cover a wider range, like a spray bidet that we can use freely, it would be great." With that idea in mind, I ordered a spray bidet from Amazon. However, this decision came with numerous trials and challenges.

First, before purchasing the spray bidet, I checked if there were any combo bidets available on Amazon. There was one product, but it had few reviews and a lot of complaints. It hovered around a rating in the 3s.

The water pressure was too weak, and the position of the spray handle, which was at the same height as the toilet, wasn't hygienic and wasn't aesthetically pleasing either.



Furthermore, when I examined the water pathway, it was apparent that the design was causing low water pressure.

The water had to pass through the toilet bowl, which naturally limited the spray bidet's pressure. Additionally, this product only used cold water. I thought that to effectively clean, some degree of water pressure was necessary.

When I watched review videos and saw water flowing weakly, I became determined to create a combo bidet for the toilet that could provide 100% water pressure for both the bidet and the spray bidet.

**So, I placed an order for the spray bidet from Amazon.**



Finally, the spray bidet I had been waiting for arrived, and on the same day, I connected both the toilet bidet and the spray bidet for the toilet.

Surprisingly, I was able to install them as one unit. However, with all these connections, the complexity and size increased, which made me a bit worried about potential water leaks. Also, the valve's design, with two fist-sized components attached, looked quite ugly from an aesthetic standpoint. Another inconvenience was that I had to close the spray bidet valve after each use, or else there was a risk of it bursting. 3





After many trials and errors as mentioned above, I conducted extensive research and finally managed to design a valve that could address all the issues. The product is named the **"Fresh Water Combo Bidet Valve"** from **"Paradise Spa Bidet"** and it is currently in the process of being patented in the United States. After going through several stages of trial and error, I successfully created a reliable product.

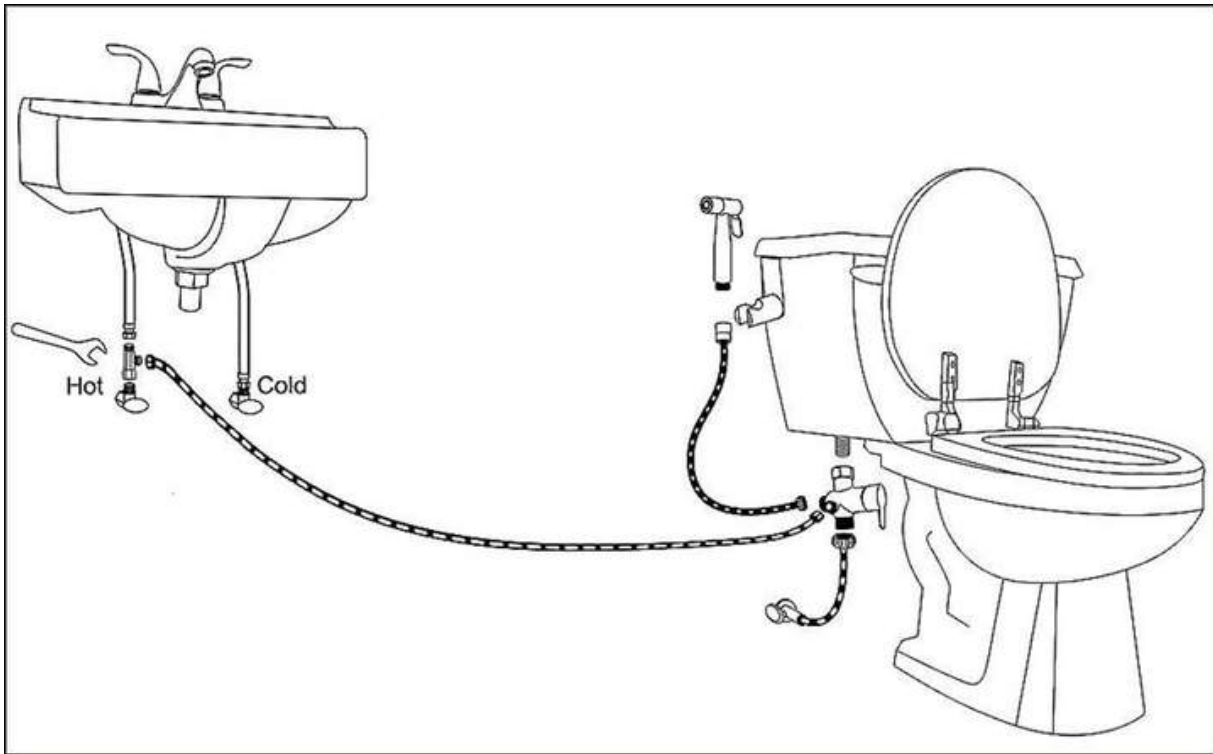
With this valve, you can easily connect the Fresh Water Combo Bidet within a minute. The installation process involves removing the existing water supply line, attaching our valve, and then connecting the other two bidets.

**Due to the USPTO Patent Pending Special Valves, We apologize for the unavailability of a picture at this time.**



However, shortly after, we faced another issue: the water was always cold. We live in Florida, a relatively warm region, and it occurred to us that if someone wanted to use our product in colder areas, they would naturally prefer warm water. So, we decided to carefully explore the bidet market for products that provide warm water.

As you may know, there are two main methods for obtaining warm water in bidets. The first method involves connecting to the hot water supply from the existing vanity, and the other method involves using an electric bidet seat. These were the two options available at the time.



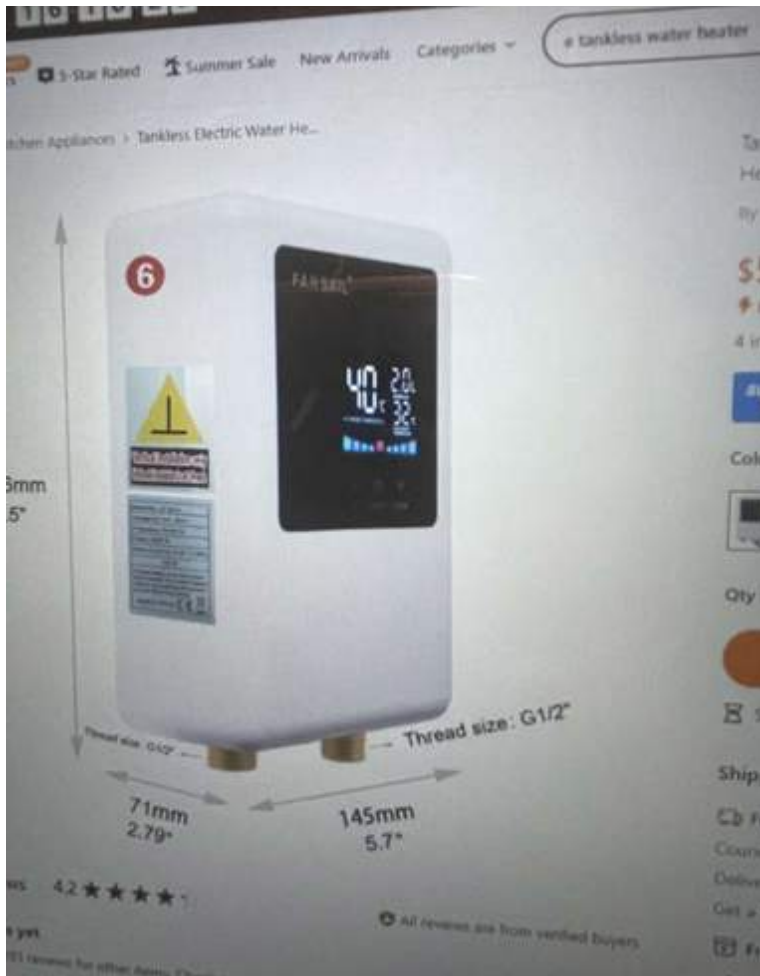
However, the first method had its drawbacks.

Typically, water heaters are located in the garage, and it would take a considerable amount of time for the hot water to reach the desired location.

During this time, unwanted lukewarm water might be wasted. Additionally, the installation process required drilling holes in the adjacent cabinet and the bathroom toilet wall, and the waterline would always be exposed, making it aesthetically challenging to accept.



Furthermore, when attempting to use a rectangular tankless water heater, we encountered another issue. Placing it inside the cabinet and attempting to connect it to the toilet's water tank presented additional challenges.



The first issue was that a Tankless Water Heater requires a high voltage, high ampere dedicated electrical line, which meant installing a new electrical line just for the water heater. Additionally, upgrading the breaker box switch to over 20 amps was necessary.

Furthermore, because it's tankless, it heats water on-demand as cold water passes through a coil, leading to inconsistent water temperatures. This could potentially be a critical flaw in the product.

The cost of the machine itself was also substantial, making it seem like an impractical choice. Next was the electric bidet. These bidets are sold on Amazon in a price range from \$180 to \$1,200. These are some of the drawbacks associated with existing bidet options.







The biggest drawback is that, firstly, you can't use a spray bidet in combination. Therefore, water can only come up from below, which is a significant difference in functionality compared to our product, which allows for use from below to above, above to below, front and back, left and right, just like the **"Paradise Spa Bidet & Foot Bath."**

Secondly, the price is too high. There are many other disadvantages as well. Listing them: All current bidets, including electric bidets (excluding spray bidets), cannot be connected to spray bidets. So, you can only have warm water from below, unlike the "Paradise Spa Bidet & Foot Bath," which allows free usage from below to above, above to below, left to right, right to left, front and back. The price is too high for the features it offers (\$200 to \$1,200).

The existing toilet's size (round or oval, elongated, small or large), shape, etc., must match for it to be usable. The seat is uncomfortable due to the protruding electrical parts at the back. The nozzle comes out in the center of the toilet, exposing it, which leads to a higher risk of contamination. It always requires a remote controller, and using manual buttons can be inconvenient as the controller is usually placed at the side or back of the toilet. It has too many unnecessary buttons, making it complicated to use.

Being an electrical product, it carries a risk of electrical shock. If one-part malfunctions, you need to replace the entire unit, which can be costly.

# WHAT ARE THE ADVANTAGES OF "PARADISE SPA BIDET & FOOT BATH" IN TERMS OF USAGE?

So, what are the advantages of "Paradise Spa Bidet & Foot Bath" in terms of usage?



The setup in the above picture was the best I could purchase, but it was too bulky and long to fit in the small space behind the toilet, causing the hose to bend.

I had to find a new solution to address these issues. These challenges became the driving force behind patent application and the creation of a special valve, which I finally developed.

The product is named **"Warm Water Combo Bidet Valve" from "Paradise Spa Bidet."**



**Due to the USPTO Patent Pending Special Valves, We apologize for the unavailability of a picture at this time**

# BELOW ARE ALL THE REMAINING PARTS NEEDED TO INSTALL "PARADISE SPA BIDET."



1500 W, 110 V, 6.8 Amp







The price is much more affordable, with options starting at just \$xx.xx (Fresh Water Combo) and \$xxx.xx (Warm Water Combo). The bidet attachments for the toilet seats are very thin (0.19" to 0.23" thickness), allowing for easy attachment to toilet seats without a noticeable increase in height, and they can be easily attached to toilets of various shapes and sizes (round or oval, small or large).

**"Paradise Spa Bidet & Foot Bath"** offers the choice between using fresh water or warm water. The Fresh Water Combo Bidet is available for \$xx.xx, and the Warm Water Combo Bidet is available for \$xxx.xx. Both products are currently pending US patents and include a specially designed "Combo Bidet Valve."

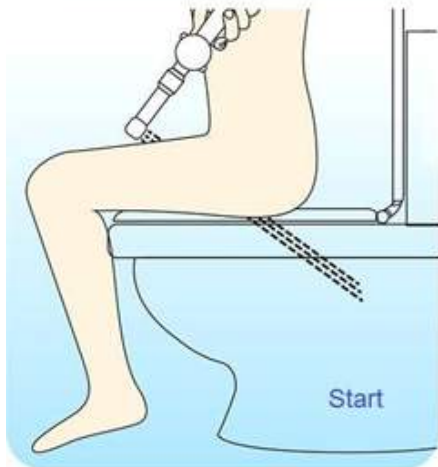
**"Paradise Spa Bidet & Foot Bath"** is the world's first product that can supply warm water at sufficient pressure and temperature control for both the toilet seat bidet and the spray bidet, allowing for thorough and safe cleansing of not only the lower part of the body but also areas that are difficult to visualize. It offers freedom of movement for cleaning from top to bottom, front to back, left to right, and right to left, regardless of the position. This can transform your least favorite room in the house into your favorite, providing a refreshing and clean feeling as if you've been "reborn."

The water tank has low electricity consumption (10 Amp), allowing for significant energy savings. There is always a sufficient supply of warm water, not only for bidet use but also for foot baths. Cleaning the toilet bowl with the spray bidet is easy, ensuring a consistently clean toilet.

**After confidently cleaning the sensitive area with "Paradise Spa Bidet & Foot Bath," you can gently massage it in a circular motion using your bare hand or the palm of your hand, taking about a minute. This gentle massage will provide a level of comfort and freshness that you couldn't have imagined before.**

Finish by applying hand sanitizer using both hands, but do not wipe it off immediately. First, return everything to its original position, such as the bidet and foot bath, and tidy up any items in the bathroom. After everything is in order, squeeze some soap and water, then wash your hands one more time. Now, your damp body can be gently patted dry with a dry towel. Next, use a hairdryer to dry the lower part of your body, especially if you used the foot bath. If your feet are wet between your toes, use the hairdryer to dry them as well.

**"Paradise Spa Bidet & Foot Bath"** proudly presents the world's first and only product that makes all of this possible.



**However, the most important reason I am writing this book now is something that I never intended or even imagined when I created this product. It is the fact that this product, "Paradise Spa Bidet & Footbath," has proven to be truly excellent for individuals, especially those struggling with chronic constipation or difficulty passing hardened stools.**

As commonly understood in the medical field, one of the functions of the colon is to extract excess moisture from feces. If feces remain in the colon for an extended period, the excessive absorption of moisture from the feces can lead to it becoming hard and compacted. In this state, the feces must pass through the sphincter muscles to exit our bodies. However, as feces become drier, the sphincter muscles exert more force, causing them to become stronger. With stronger sphincter muscles, the muscles themselves become harder, and the hill that the feces must traverse to exit becomes steeper and narrower. This creates a vicious cycle where it becomes increasingly difficult for feces to pass through.

**I'm not a trained medical professional, so I strongly recommend consulting with a medical expert or physician for detailed information and advice regarding constipation and anal health.**

I would like to begin by emphasizing that the following statements are merely a record based on my personal thoughts and experiences. There is no legal or medical basis for this, so I want readers to be aware that this is my personal opinion. I want to make it clear that I assume no legal or medical responsibility.

With that premise in mind, I will continue to share my thoughts.

In general, based on my experience, I can easily divide the stool into three parts: the first, middle, and last sections.

Typically, the **first part** is the driest, and sometimes it appears somewhat deformed, with a roundish shape. In almost all cases, the initial portion of the stool is the driest and appears to have some deformation in its shape.

The **second part** is longer or shorter it is different energy time but normally, thicker, and has a brownish color, indicating normal consistency, and it usually comes out more easily than the first part.

The **last part** resembles loose stool, and the most peculiar situation is when it seems like I've completely finished the bowel movement, and I'm about to get dressed, but suddenly, the last piece hasn't come out yet. It can be quite awkward when it decides to emerge just as I've stood up, and it leaves me with a feeling like, "Oh my..."

However, if you use the "**Paradise Spa Bidet & Footbath**," there's no need to endure the process of trying to pass the stool since the aftercare process is incredibly fast and clean. After evacuating the last piece, you can immediately use our Cambo Bidet for a thorough and quick cleanup. Based on my experience, when using the "**Paradise Spa Bidet & Foot bath**" to inspect stools, you should start by sitting on the toilet seat and using the bidet to gently spray water on the lower part of your buttocks. Gradually, you can direct the water towards your anus.

However, there are two important things to be cautious about: water pressure and temperature. If the water pressure is too strong or the temperature is too hot right from the beginning, it can startle your muscles and cause tension in the anal area. So, it's essential to begin with a gentle and warm water massage and gradually increase the intensity and temperature. It's important to note that the water temperature should not exceed 40 degree Celsius cause our body's normal temperature range of 37-38 degrees Celsius. Since this area of the body is sensitive, the bidet is designed to allow for precise control of both water temperature and pressure through dual-valve adjustments to ensure a comfortable experience.

So, you might be wondering, **why do you need to use the bidet from that specific company? Aren't all bidets the same, and can't you use any bidet?** As I mentioned earlier, you need to be cautious about two things: water pressure and temperature. Since this is a very sensitive part of our body, we have put a lot of effort into ensuring that these aspects can be handled delicately.

**"Paradise Spa Bidet & Footbath"** is the ONLY combination bidet that comes with a self-contained hot water tank. The bidet itself is not currently available on the market aside from our product. We have designed it with a digital temperature control button on the water heater itself. Additionally, there are temperature and pressure adjustment valves next to the toilet water tank. We have also included a pressure control valve on the bidet seat itself, allowing for precise and dual control of water pressure and temperature.

By doing this, we can ensure that the water temperature remains just slightly warmer than our body temperature (between 36.4°C to 37.4°C or 97°F to 99°F), which is crucial for such a sensitive area. With careful pressure adjustments, the water becomes comfortably warm, and after approximately one minute, the initial area of contact with warm water leads to a feeling of warmth and moisture in the rectal area. The sphincter muscle gradually relaxes due to the warm water and pressure, making the process of passing stools very easy and effortless.



The same method can be used for the second and third bowel movements. After cleaning the area thoroughly using our **"Paradise Spa Bidet & Foot bath,"** When you'll have the confidence that you are exceptionally clean. You can use your bare hand (in my case, although those with more sensitive person can use the water spray alone, but I found that using my bare hand around the anal area made a noticeable difference).

Use one hand to gently massage the area around the anus in a circular motion, and the other hand to spray water gently, directing it between your hand and the anal area, letting it flow downward. Continue this process for about 30 seconds to a minute. Then, spray water one more time and wipe the buttocks thoroughly using your hand. Please remember to be cautious with the water pressure and temperature to ensure a comfortable and effective cleaning experience. Perhaps the most neglected and unappreciated part of our body that deals with some of the most unpleasant tasks is our anal area.

When you're finished cleaning, whether with your bare hand (in my case) or using just the water spray take a moment to massage the area gently while expressing gratitude and love. You can say something like, "Thank you, I love you." You'll be amazed at the incredible transformation that can occur.

By doing this, you'll make your precious body part feel how much you care and appreciate it. You'll experience an unprecedented level of freshness and cleanliness that you couldn't have imagined before. Afterward, squeeze a small amount of hand sanitizer that you've prepared in advance, rub it between your hands, and you're done. Don't rush to clean it off immediately. First, put everything back in its place in the bathroom, such as the bidet or footbath, footrest, etc., and ensure everything is well-organized.

Once you're finished with all the tidying up, squeeze some hand sanitizer and clean your hands one more time. Maybe you do this twice will help.

That's it!

Now, use a dry towel to pat your wet body dry. Afterward, you can use a hairdryer to ensure the lower part of your body is completely dry. If you used the foot bath, make sure to dry the moisture between your toes as well. That's it!

**"Paradise Spa Bidet & Footbath"** is a product that I am proud to say is not only revolutionary in the bidet industry but also the first of its kind in the world, offering outstanding benefits for both constipation and hygiene. Until now, the primary methods for treating constipation were exercise, medication, or dietary adjustments.

However, our **"Paradise Spa Bidet & Footbath"** aims to provide relief to those suffering from constipation and to those who worry about post-bowel movement hygiene.

We hope it can be of even a small help. As the original developer of this product, I earnestly hope that it becomes popular as soon as possible, providing assistance to as many people as possible. We are also looking for investors to expedite the rapid adoption of **"Paradise Spa Bidet & Footbath."**

**Furthermore, "Paradise Spa Bidet & Footbath" has significant potential as a medical device related to constipation, and we eagerly await contact from interested medical professionals.**

For more information,



[www.Paradisespabidet.com](http://www.Paradisespabidet.com)



[smartsolarmailcam@gmail.com](mailto:smartsolarmailcam@gmail.com)

**Finally, I would like to express my gratitude to God that has enabled me to make all of this possible.**

**Thank you!**

